

YR

Learning Outcomes

SCARF lesson plans

Me and My Relationships

Children will be able to:

- Talk about their own interests.
- Talk about their families.
- Talk about how they are the same or different to others.

- All about me

Children will be able to:

- Share their favourite interests and objects.
- Talk about themselves positively.
- Listen to what others say and respond.

- What makes me special

Children will be able to:

- . Talk about the important people in their lives.
- Understand that we have different special people.
- Name key people outside of families that care for them.

- Me and my special people

Children will be able to:

- Talk about when they might feel unsafe or unhappy.
- Name the people who will help them.

- Who can help me?

Learning Outcomes

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- Notice when a friend is in need at school and help them.

Children will be able to:

- Describe different emotions.
- Explore how we feel at certain times or events.
- Identify ways to change feelings and calm down.

- My feelings

Children will be able to:

- Identify events that can make a person feel sad.
- Suggest ways in which they can help a friend who is sad.
- Choose ways to help themselves when they feel sad.

- My Feelings (2)

Valuing Difference

Children will be able to:

- Describe their own positive attributes.
- Share their likes and dislikes.
- Listen to and respect the ideas of others.

- I'm special, you're special

Children will be able to:

- Recognise the similarities and differences amongst their peers.
- Discuss why differences should be celebrated.
- Retell a story.

- Same and different

Learning Outcomes

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Children will be able to:

- Talk about their family, customs and traditions.
- Listen to others talk about their experiences.
- Compare their own experiences with those of others.

- Same and different families

Children will be able to:

- . Recognise the similarities and differences between their home and those of others.
- Talk about what makes their home feel special and safe.
- Be sensitive towards others.

- Same and different homes.

Children will be able to:

- . Suggest ways in which we can be kind towards others.
- Demonstrate skills in cooperation with others.

- I am caring.

- Show friendly behaviour towards a peer.
- Build relationships with others.

- I am a friend

Learning Outcomes

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Keeping Myself Safe

Children will be able to:

- Name things that keep their bodies safe.
- Name things that keep their bodies clean and protected.
- Think about how to recognise things that might not be safe.

- What is safe to go onto my body

Children will be able to:

- Make safe decisions about items they don't recognise.
- Talk about what our bodies need to stay well.
- Name the safe ways to store medicine and who can give it to children (adults).

- What is safe to go into my body

Children will be able to:

- Name some hazards and ways to stay safe inside.
- Name some hazards and ways to stay safe outside.
- Show how to care for the safety of others.

- Safe indoors and outdoors

Children will be able to:

- Name the adults who they can ask for help from, and will keep them safe.
- Recognise the feelings they have when they are unsafe.
- Talk about keeping themselves safe, safe touches and consent.

- Listening to my feelings

Learning Outcomes

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Children will be able to:

- Share ideas about activities that are safe to do on electronic devices.
- What to do and who to talk to if they feel unsafe online.

- Keeping safe online

Children will be able to:

- Name the people in their lives who help to keep them safe.
- Name people in their community who help to keep them safe.
- Talk about ways to keep themselves safe in their environment.

- People who help keep me safe

Rights and Responsibilities

Children will be able to:

- Name the special people in their lives.
- Understand that our special people can be different to those of others.

- Looking after my special people

Children will be able to:

- Talk about why friends are important and how they help us.
- Identify ways to care for a friend in need.
- Identify ways to help others in their community.

- Looking after my friends

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Children will be able to:

- Identify ways in which they help at home.
- Recognise the importance of taking care of a shared environment.
- Name ways in which they can look after their learning environment.

- Being helpful at home and caring for our classroom.

Children will be able to:

- Think about what makes the world special and beautiful.
- Name ways in which they can help take care of the environment, e.g. recycling, saving energy, wasting less.
- Talk about what can happen to living things if the world is not cared for.

- Caring for our world

Children will be able to:

- Recognise coins and other items relating to money.
- Identify the uses of money.

- Looking after our money (recognising, spending using)

- Talk about why it's important to keep money safe.
- Identify ways to save money.
- Talk about why we save money.

- Looking after our money (saving money and keeping it safe)

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Being My Best

Children will be able to:

- Share an experience where they haven't achieved their goal.
- Develop their confidence and resilience towards having a growth mindset.
- Name a strategy to overcome a hurdle.

- Bouncing back when things go wrong

Children will be able to:

- Recognise that some skills take time to learn.
- Plan and review an achievable goal.
- Celebrate the successes of their peers.

- Yes I can!

Children will be able to:

- Name and choose healthy foods and drink.
- Understand there are some foods that are a "just sometimes" food or drink (eating in moderation).
- Explain the jobs of different food groups.

- Healthy eating

Children will be able to:

- Identify the 5 ways to support their wellbeing.
- Name some activities or ideas to promote positive mental health.
- Reflect on their mental health and how they can protect it.

- My healthy mind

Learning Outcomes

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Children will be able to:

- Describe the changes in their body during exercise and what is happening to their body.
- Explain how exercise can help us stay well - physically and mentally.
- Name some ways to keep their body fit and well.

- Move your body

Children will be able to:

- Understand why our body needs sleep.
- Talk about their own bedtime routine.
- Suggest ways to have a calm evening and bedtime routine.

- A good night's sleep

Growing and Changing

Children will be able to:

- Name the different seasons and describe their differences.
- Explain the changes that occur as seasons change.
- Talk about how they have grown in resilience.

- Seasons

Children will be able to:

- . To understand that animals and humans change in appearance over time.
- Use relevant vocabulary such as egg, seed, baby, grow, change, old, young (and the names for young animals).
- Make observations and ask questions about living things.

- Life stages- plants, animals, humans

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Children will be able to:

- Retell a story and respond to questions about it.
- Use the language and describe the different life stages of: baby, child, teenager, adult, older age.
- Talk about their own experience of growing up.

- Life stages: Human life stage- who will I be?

Children will be able to:

- Explain that a baby is made by a woman and a man, and grows inside a mother's tummy.
- Understand that every family is different.
- Talk about similarities and differences between themselves and others.

- Where do babies come from?

Children will be able to:

- Talk about how they have changed as they have grown.
- Explain the differences between babies, children, and adults.
- Understand that we are all unique.

- Getting bigger

Children will be able to:

- Name parts of the body (including reproductive parts) using the correct vocabulary.
- Explain which parts of their body are kept private and safe and why.
- Tell or ask an appropriate adult for help if they feel unsafe.

- Me and my body- girls and boys